

MTV RULES & REGULATIONS

March 2023



Any participating athlete (hereinafter participant, competitor) in the race “Marathon des terroirs du Valais BCVS” undertakes to respect the regulations following their registration.

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ARTICLE 1 : PREFACE

Le Marathon des terroirs du Valais BCVS (MTV) is an event organized by the Association du Marathon des terroirs du Valais. The event proposes the following courses:

Friday May 12th, 2023:

- Bibs withdrawal
- Marathon Village and musical entertainment

Saturday May 13th, 2023, four courses each declined in 2 sporting and festive departures and two kids races:

- The Marathon 42.195km
- The Half Marathon 21,097km
- 10km
- 5km
- Minirathon 2.5km *Kids or Family (accompanied by an adult)*
- Half-Minirathon 1.5km *Kids or Family (accompanied by an adult)*

On Saturday 13 May 2023 from 8 p.m. there will also be the Gueul'thon and from 10 p.m. until 2 a.m. the Maratho'Night.

It is possible to participate as a team in the Sporting Team or Relay category (see chapter *Specific regulations Team and Relay*)

All courses are open to wheelchair athletes in the “sport” or “festive” categories.

This regulation is subject to change up until the day of the event in the interest of the riders and their security. If needed, participants will be informed by electronic means (e-mail, Organizer's website, and social networks) of significant changes.

ARTICLE 2 : PARTICIPATION TERMS

Participation is open to all, licensees and not licensees, subject to a minimum age:

- 18 years old during the year for the Marathon
- 16 years old during the year for the Half Marathon
- 14 years old during the year for the 10 KM & 10KM Walking
- 12 years old during the year for the 5 KM
- 9 to 11 years old during the year for the Minirathon Kids and Family
- 6 to 8 years old during the year for the Half-Minirathon Kids
- 0 to 8 years old during the year for the Half-Minirathon Family (accompanied by an adult)

Participants must be in good health and properly trained. A license and/or the medical certificate is not required to participate in running events in Switzerland. However, the Organizer strongly recommends participants to consult a doctor to confirm their ability of being able to perform this type of effort.

Each participant must benefit from his own insurance (accident insurance and civil liability), covering personal injury and property damage while in Swiss territory (see Art. 3 Safety and liability).

The organizer declines all responsibility in the event of damage (theft, breakage, loss, etc.) to the personal property of participants. Participants will therefore not be able to take action against the organizer for any damage caused to their equipment. Taking out insurance covering these risks is the responsibility of each person.

Participation in the MTV implies unreserved acceptance by each competitor of this regulation.

ARTICLE 3 : SAFETY AND LIABILITY

The Organizer will implement a number of measures to secure the course, in particular the signs and staff. Throughout the course, participants must comply with the safety rules and instructions of the personnel of the race (bikers, volunteers, etc.). The security arrangements for the event ends at the crossing of the finish line.

Each participant, author, or witness of an accident, or seeing a need of medical assistance has the obligation to aid others and call for help by calling the emergency number on their bibs.

The participant is solely responsible for any incident, accident, or failure to follow the regulations of the event. All fees that would result from a medical care (ambulance, doctor, hospital, etc.) are the responsibility of the participant concerned. The responsibility of the Organizer, their affiliates, their employees, and other auxiliaries for direct or indirect damage suffered by a participant, as part or in relation to their participation in the race, is solely excluded, in case of accident, theft or damage. The entry is confirmation that the participant is covered by their insurance and waives any legal action against the Organizer.

By registering for the event, each participant confirms having read all the information, particularly those relating to security, and undertakes to comply.

ARTICLE 4 : REGISTRATION

Until May 10th, 2023, registrations for the events are exclusively on the website to register online at the following address: www.marathonvalais.ch. On-site registrations will be possible subject to sanitary measures from Friday May 12th to Saturday May 13th at the Welcome Village Martigny (CERM) or at the Start of the Marathon in Sion (Place de la Planta).

The rates are presented on the event's website as well as on the online registration platform: <https://www.mso-chrono.ch>.

The Organizer reserves the right to refuse the entry of a competitor.

The Organizer will not make any refunds or postponements in case of accident or illness. The registration fees remain the property of the organization whatever happens. As a number is allocated and reserved, no reimbursement will be made in the event of absence, withdrawal of the participant, postponement, or cancellation of the event, for whatever reason. No transfer of registration is allowed for any reason, except under the conditions described in article 6. Any person who transfers his or her number to a third party without having made the official change may be held responsible in the event of an accident occurring or caused by the latter during the event.

The organizer reserves the right to limit entries to:

- 750 entries for the Marathon
- 1500 entries for the Half Marathon
- 1000 entries for the 10km
- 750 entries for the 5km

ARTICLE 5 : BIBS

Each participant must come and pick up their number in person. Exceptionally, and if registration is full, group leader's (club president) or a colleague can get the bib with the confirmation of a registration letter and a copy of the identification of the person concerned. Any allocation of bib is firm and final.

Bibs and starting gifts are to be collected:

- Friday 12 May from 16:00 to 20:00 at the Marathon Village in Martigny (CERM)
- Saturday 13 May:
 - Marathon: from 06:30 at the start in Sion (Place de la Planta)
 - Half Marathon: from 06:30 at the Martigny Village Marathon (CERM)
 - Half Minirathon: from 11.00 to 15:30 at the Martigny Village Marathon (CERM)
 - Minirathon: from 11:00 to 16:15 at the Martigny Village Marathon (CERM)
 - 5km: from 11.00 am to 17:15 at the Martigny Village Marathon (CERM)
 - 10km & 10km Walking: from 11:00 to 18:00 at the Martigny Village Marathon (CERM)

No bibs and gifts are sent by post or distributed at the start in Martigny on the Place Centrale.

ARTICLE 6 : SUBSTITUTIONS, CANCELLATIONS OR CHANGING ROUTE

Each participant may choose the route that is most suited to him/her, and the choice must be indicated when registering.

The MAXI FLEX option is a guarantee of flexibility to choose when registering. Thanks to this option, you will be able, without charge or proof, from the time of registration to:

- Change route until the morning of the race to
- Transfer your bib to a third person until the morning of the race to
- Postpone your registration to the following year until the 8th of May 2023

To offer maximum flexibility, it is also possible until 31 April 2023 to:

- Postpone the registration to 2024 on presentation of a medical certificate for 15.00 CHF
- Change the number holder for CHF 10.00
- Change the course for CHF 5.00 plus any difference with the new chosen course if the price is higher. There is no refund if the new course chosen has a lower price.

Any request made after the deadline will not be processed. In all cases, the registration fee will not be refunded.

Any registration considered valid for the following year is strictly personal and cannot be transferred to a third party. Should the cyclist fail to participate again, the registration fee will be forfeited.

ARTICLE 7 : TIMING AND RANKING

The timing is done with an electronic detection system. All registrants will have a timing chip, glued on to the back of their bib.

This chip, detected by the different antennas arranged throughout the course of the event, will allow control of regularity of race and the results and rankings of the event.

To allow normal operation, the chip must be neither folded nor damaged. The electronic detection system is selected according to strict criteria of reliability. Despite tests by the manufacturers, there is a very small percentage of possible detection errors. The lack of data because of such a missed detection will not allow the Organizer to include the official time of the subject concerned in the ranking. The Organizer cannot be held responsible for this.

At the end of the event, several classifications are established:

Sports marathon

- Men Scratch
- Men H18: from 18 to 29 years old
- Men H30: from 30 to 39 years old
- Men H40: from 40 to 49 years old
- Men H50: from 50 to 59 years old
- Men H60: from 60 years old

- • Women Scratch
- • Women F18: from 18 to 29 years old
- • Women F30: from 30 to 39 years old
- • Women F40: from 40 to 49 years old
- • Women F50: from 50 to 59 years old
- • Women F60: from 60 years old

- • Mixed Scratch Team
- Ekiden Mixed Relay: Scratch

Festive marathon: only listed in alphabetical order

Sports half marathon

- • Men Scratch
- • Men H18: from 16 to 29 years old
- • Men H30: from 30 to 39 years old
- • Men H40: from 40 to 49 years old
- • Men H50: from 50 to 59 years old
- • Men H60: from 60 years old

- • Women Scratch
- • Women F18: from 16 to 29 years old
- • Women F30: from 30 to 39 years old
- • Women F40: from 40 to 49 years old
- • Women F50: from 50 to 59 years old

- • Women F60: from 60 years old
- • Mixed Scratch Team

Festive half marathon: only listed in alphabetical order

10KM sport

- • Men Scratch
- • Men H14: from 18 to 29 years old
- • Men M30: from 30 to 39 years old
- • Men H40: from 40 to 49 years old
- • Men H50: from 50 to 59 years old
- • Men H60: from 60 years old
- • Women Scratch
- • Women F14: from 18 to 29 years old
- • Women F30: from 30 to 39 years old
- • Women F40: from 40 to 49 years old
- • Women F50: from 50 to 59 years old
- • Women F60: from 60 years old
- • Mixed Scratch Team

Festive 10km: only listed in alphabetical order

10km Walking: only listed in alphabetical order

5KM Sport

- - Men's Scratch
- - Men H12: 12 to 17 years old
- - Men H18: 18 to 29 years old
- - Men H30: 30 to 39 years old
- - Men H40: from 40 to 49 years old
- - Men's H50: 50 to 59 years old
- - Men H60: from 60 years old
- - Women Scratch
- - Women F12: from 12 to 17 years old
- - Women F18: 18 to 29 years old
- - Women F30: from 30 to 39 years old
- - Women F40: 40 to 49 years old
- - Women F50: from 50 to 59 years old
- - Women F60: from 60 years old

- - Mixed Scratch Team

5km festive: only alphabetically classified

Minirathon 2.5km

- - U11 Boys
- - U11 Girls
- - U10 Boys
- - U10 Girls
- - U9 Boys
- - U9 Girls
- - Family

Semi-Minirathon 1.5km

- U8 Garçons
- U8 Filles
- U7 Garçons
- U7 Filles
- U6 Garçons
- U6 Filles
- Family

Costume prize: podium for the 3 best individual and team costume

ARTICLE 8 : PRIZE-GIVING

The Organizer reserves the right to establish the prize board. The first three in each category must present their bib number and a piece of identification to receive the prize.

The prize must be removed on site on the day of the race.

ARTICLE 9 : CUT OFF TIMES & WITHDRAWALS

Competitors must follow the compulsory hours of neutralization, for security reasons. These barriers correspond to the hours from which it will be no longer be possible to continue the race from the relevant control post. In not passing the checkpoints before the times defined below, the competitor will be disqualified and will not appear in the ranking of the event.

Cut-off-times:

Marathon:

- - Ardon (Pitteloud Fruit): 10:00 am
- - Chamoson (La Potagère): 10:30 am
- - Saillon (Bains de Saillon): 11:30 am
- - Charrat (Valais Fruits): 13:15 pm
- - Martigny (Semblanet): 15.00 pm
- - Martigny (Stade d'Octodure): 15:30 pm

Half Marathon:

- - Charrat (Valais Fruits): 11h45 am
- - Martigny (Stade d'Octodure): 14h15 am

10km:

- - Martigny (Semblanet): 20:45 pm
- - Martigny (Stade d'Octodure): 21:15 pm

5km:

- - Martigny (Semblanet): 19:15 pm
- - Martigny (Stade d'Octodure): 19:45 pm

If a participant wishes to give up, he/she must announce to any checkpoints set up by the Organizer. They must report to the postmaster, who removes the bib number and tells them the means of repatriation. Anyone abandoning outside checkpoints must immediately report their abandonment to the race management through the emergency number shown on the bibs. Any failure may result in costs which shall be paid for by the competitor.

Any participant victim to a fall, mechanical breakage, or physical failure and who could not reach the repatriation points by themselves is required to immediately report his/her abandonment to the race management using the emergency number indicated on the road book. The final vehicle (broom wagon) will only support cases authorized by the race management. The participant supported by the broom wagon will be disqualified from the race.

The medical service, which includes doctors and first aiders, may decide to disqualify a participant for medical reasons.

ARTICLE 10 : COMPLAINT AND CLAIMS

Any claims may be done in writing to the race office, no later than 15 minutes after the classification is made. The complaint and/or claim must be accompanied by a justification.

This will be accompanied by a deposit of CHF 100-. This amount will be refunded if the claim is accepted. Claims will be judged by the jury of the race (Race Director, timing manager). Decisions related to claims are final.

ARTICLE 11 : ETHICS

The Organizer puts a point of honor on the Olympic values of excellence, friendship and respect that are the keystone of a fair and sustainable sport. Participants must treat with respect the other competitors, the members of the Organization, volunteers, and spectators. The Organizer reserves the right to exclude participants who commit acts of violent behavior or discriminating verbal abuse against anyone.

The Organizer is subject to the "Doping Statute" of Swiss Olympic). Anti-doping controls can therefore be carried out. Participants can consult doping information on the website: www.antidoping.ch

ARTICLE 12 : RESPECT FOR THE ENVIRONMENT

To respect the environment and natural areas crossed, it is strictly forbidden to abandon waste (paper, plastic packaging, tubes containing energy gels...) on the course. "Collection zones" and bins will be installed and posted on each refueling station on the course. They must be used by participants.

Participants must keep waste and packaging while waiting for the places indicated by the Organizer to get rid of it.

The Organizer reserves the right to disqualify any participants deliberately throwing their waste outside of the designated areas.

ARTICLE 13 : LEGAL PROVISIONS

Participation in the race is done under the full responsibility of the riders, with waiver of any recourse against the Organizer regardless of the damage suffered or caused.

In case of accident, liability of the Organizer and any individuals or entities participating in the Organization, including but without being exhaustive, the bodies and employees of the Organizer, the agents, contractors, auxiliaries, including volunteers, is excluded to the fullest extent permitted by law.

Each competitor expressly authorizes the Organizer as well as their assigns, such as media, and partners to use still or audiovisual images of the race including preparation phases and those following the race on which he/she might appear, taken on the occasion of his/her participation in the MTV, on all media including advertising and/or promotional material, worldwide and for the longest duration provided for by the law, regulations, treaties in force, including any extensions that could be made at this time.

Participation in the race not an entitlement to use the race for promotional or commercial purposes. All communication about the event or use of images from the event is proprietary and is subject to written authorization of the Organizer who will set the conditions.

The legal venue is Sierre, Valais.

ARTICLE 14 : ACCEPTANCE OF RULES AND REGULATIONS

Participation in the MTV implies express and unreserved acceptance by each competitor of this regulation.

In case of difference between the texts of the various versions of the regulations, the French version of the regulations is authentic.

Sion, April 4th, 2023.

Association du Marathon des terroirs du Valais

SPECIFIC REGULATIONS TEAM AND RELAY

During the event it will be possible to participate as a team. The event offers three possibilities to participate in a group:

1. Ekiden Sport Relay

Race: Participants of the category Relais Ekiden Sportif race in a team of six runners on the Sports Marathon course. The team members are divided into the following relays:

- Sion (place de la Planta) – Châteauneuf (Ecole d'Agriculture) : 4.50km
- Châteauneuf (Ecole d'Agriculture) – Chamoson (La Potagère) : 8.70km
- Chamoson (La Potagère) – Saillon (Bains de Saillon) : 5.50km
- Saillon (Bains de Saillon) – Charrat (VS Fruits) : 10.70km
- Charrat (VS Fruits) – Martigny (Ecole Chemin du Milieu) : 8.20km
- Martigny (Ecole Chemin du Milieu) – Martigny (Stade d'Octodure) : 4.60km

Composition of the team: a team is made up of 6 participants, running one of the 6 sections specified above. The teams must be mixed (men + women) to be classified. It is possible to make teams composed only of men or women, but these will not be classified, their time will however be timed.

Name of teams: each team registers with a name of its choice.

Designation of a team leader: a competitor in each team must be designated (name and first name) as contact person during registration.

Modification of the composition of the team: In the event of the defection of a runner (s) during preparation, the teams are entitled to a change. They can register a replacement in accordance with Article 3: Safety & liability, free of charge. The team leader must imperatively announce any modification of the composition of the team up to 15 days before the race by email to support@mso-chrono.ch.

Classification: the race time is taken when the 6th participant passes the finish line and determines the team's time.

In case of abandonment of a member, the participant can continue the course following the announcement of the abandonment to the management and his possible authorization to continue. However, the team will not be classified.

2. Sport Team

Race: Participants in the Sport Team category race in teams of five or more participants. The team will have to choose a single course (Marathon or Half-marathon or 10km) and the 5 members will have to compete on the same course.

Team composition: a team consists of at least 5 participants; no maximum is defined. The teams must be mixed (men + women) to be classified. It is possible to make teams composed only of men or women, but these will not be classified, their time will however be timed.

Name of teams: each team registers with a name of its choice.

Designation of a team leader: a competitor in each team must be designated (name and first name) as contact person during registration.

Modification of the team composition: In the event of the defection of one of the runners during preparation, the teams are entitled to a change. They can register a replacement in accordance with Article 3: Safety & liability, free of charge. The team leader must imperatively announce any modification of the composition of the team up to 15 days before the race by email to support@mso-chrono.ch

Classification: race time is taken when the last member of the team passes the finish line. The average time of all team members will determine the ranking.

3. Costumed team

No limit regarding numbers of participants. Participants need to come with their best costume and participate to the most original costume election.